

# SAFEworshipSPACE

## Remember the 4 Rs!

# **RULES**

#### Obey the RULES

- Always follow the latest advice and instructions of the church committee/kirk session.
- Always follow arrangements for signing up in advance to attend activities or organisations.
- Always follow the relevant signage for entering, using and leaving the building.

## **RISKS**

#### Understand the RISKS

- Never attend a worship service or other activity if you are displaying any COVID-19 symptoms or if you have been in close contact with anyone displaying said symptoms.
- Always take primary responsibility for your own health by carefully assessing the inherent risk in coming to any gathering of people.
- Never succumb to any pressure (be it pressure from others or pressure from yourself) to attend a worship service or other activity if you are uncomfortable with attending.

## **ROUTINES**

## Stick to good **ROUTINES**

- Always wash your hands before, after, and (if necessary) during any time spent in church buildings.
- Always arrive in good time and leave swiftly to limit unnecessary contact with other people.
- Always keep in mind what is involved in adequately social distancing from other people.

# **RESPONSIBILITY**

### Take **RESPONSIBILITY** for yourself

- Always hold yourself and others (charitably) accountable for following and taking seriously the advice.
- Always be vigilant to avoid complacency in following the necessary practices and procedures.
- Always be gracious and understanding regarding the necessary limitations on our usual activities.